

WEEK 4

Monday

Spaghetti & Meat Sauce
Tuscan Salmon
Butter Beans
Grilled Eggplant
Parmesan Asparagus
Yukon Mashed Potatoes
Spaghetti Noodles
Bouillabaisse Broth
Minestrone
Greek Chicken Pita
Gourmet Grilled Cheese

Thursday

Smothered Pork Chop
Almond Crusted Salmon
Steamed Cauliflower
Dill Baby Carrots
Haricot Verts
Hoppin' John
Vegetable Cous Cous
Bouillabaisse Broth
Beef Chili
Curry Chicken Salad Wrap
Philly Cheesesteak

Tuesday

Honey Garlic Airline Chicken Breast
Coconut Curry Shrimp
Sautéed Green & Yellow Squash
Corn O'Brien
Swiss Chard w/ Ginger & Shiitake Mushrooms
Vermicelli Noodles
Pineapple Jasmine Rice
Bouillabaisse Broth
Roasted Carrot & Ginger Soup
Tuna Melt
Chicken Quesadilla

Friday

BBQ Smoked Brisket
Shrimp Étouffée
Baked Beans
Okra & Tomato
Broccoli Casserole
Shells & Cheese
White Rice
Bouillabaisse Broth
Chicken Gumbo
Toasted Monte Cristo
Hot Dog w/ Chili

Wednesday

Beef Tenderloin
Grilled Snapper
Whipped Rutabaga
Mixed Vegetable Medley
Sautéed Broccolini
Baked Potatoes
Brown Rice
Bouillabaisse Broth
She Crab Soup
Pesto Spinach & Artichoke Melt
Pastrami on Rye

Saturday

Chicken Pot Pie
Pot Roast
Sautéed Carrots, Onions & Celery w/ Sage
Roasted Turnip & Red Radish
Grilled Zucchini w/ Marinated Tomato
Rice Pilaf
Mashed Potatoes
Bouillabaisse Broth
Hearty Vegetable Soup
Turkey Bacon Club
Bistro Burger

Sunday

Marinated Flank Steak
Duck Breast w/ Cherry Agrodolce
Cowboy Casserole
Grouper w/ Lemon Dill Sauce

Cacio e Pepe Brussels Sprouts Potato Tostones Honey Roasted Beets & Carrots Broccoli Casserole Hash Browns
Bacon & Sausage
French Toast
Omelet Station

MONDAY - SATURDAY

Breakfast: 7:30am - 9:00am Lunch: 11:30am - 1:30pm Dinner: 5:00pm - 7:00pm Hours of Operations

SUNDAY

Brunch: 11:30am - 1:30pm