



ACTIVITIES CALENDAR: December 12, - December 18, 2021

For more information, call: [Britt Lock 843-406-6555](tel:843-406-6555) | [Emily Tucker 843-406-6647](tel:843-406-6647)

Sunday, December 12

<u>TIME:</u>	<u>LOCATION:</u>	<u>ACTIVITY DESCRIPTION:</u>
9:45 AM	Chapel	Choir Rehearsal
10:30 AM	Chapel	Chapel Service, Holy Eucharist, Rite I
4:00 PM	Chapel	Lessons and Carols: Presented by the St. Gregory Choir of Grace Church Cathedral
6:45 PM	Blackmer Hall	Compline Service: Music for meditation starting at 6:45 and the service will be held at 7:00pm
7:00 PM	Polly's Pub	Sunday Movie: "Holiday in the Wild", jilted by her husband the eve of embarking on an African safari, a woman travels to the continent alone where she meets an elephant conservationist. 2h 34m

Monday, December 13

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 AM	Wellness Studio	Strength and Alignment---Alyssa
9:00 AM	Wellness Studio	Intermediate Yoga---Elizabeth
10:00 AM	Pool	Water Aerobics – Sherry
11:00 AM	Wellness Studio	Body Fit ---Alyssa
1:30 PM	Mappus Card room	Italian Lessons with kiki Anderson. Beginners Italian class begins Monday, January 10. All levels welcomed
1:30 PM	Conservatory	Knots and Needles: All stitchers welcome!
3:00 PM	Conservatory	Afternoon Tea
4:30 PM	Blackmer Hall	Table Trivia – Join us for a fun game of trivia, while testing your knowledge and competing against your neighbors. Winos walked away with the win last week. Trivia will take a short winter break. See you in January!

Tuesday, December 14

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:15 AM	Wellness Studio	Circuit Training—Nathan
9:00 AM	Wellness Studio	Core Solutions-Sherry
10:00 AM	Wellness Studio	Tai Chi –Lester Canceled



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10:00 AM	Pool	Supervised Aquatic Exercise -Sherry
10:30 AM	Quay Pond	BGYC RC Sailboat Racing.
11:00 AM	Wellness Studio	Balance and Posture ---Sherry
1:00 PM	Mappus Card Room	Mah Jongg: Come even if you have never played and we will teach you
2:00 PM	Wellness Studio	Deep Stretch---Alyssa
3:00 PM	Croquet Court	Wicket Women: - Coordinator Char Strickland

Wednesday, December 15

8:15 AM	Wellness Studio	Interval Training---Elizabeth
9:00 AM	Wellness Studio	Intermediate Yoga—Alyssa
9:30 AM	Mappus Card Rm	BG Men's Weekly Bible Study
9:30 AM	Middleton Dining Room	Gods Gals – Join us for a weekly Bible Study, for more information contact Carol Galvan.
10:00 AM	Miller Art Loft	Flower Guild: Join us preparing fresh flower vases and arrangements; no experience needed. Flowers brighten our common spaces
10:00 AM	Pool	Water Aerobics -Sherry
10:00 AM	Wellness Studio	Bend and Stretch—Elizabeth
11:00 AM	Wellness Studio	Body Fit – Sherry
12:45 PM	Middleton Dining Rm	Duplicate Bridge: Last week's Winners: N/S: 1. Fred Babb and Betsy Smith 2. Mimi MacNeish and Hutchinson Cummins E/W 1. Linda Hurd and Tina Redding 2. Kate Gorgas and Edie Dixon
3:00 PM	Croquet Court	Mallet Men: Ed Hay, coordinator
5:30 PM	Front Commons	Dinner on the Town: Charleston Grill, space is limited please register on BG Life.

Thursday, December 16

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 AM	Wellness Studio	Intermediate Yoga---Alyssa
9:00 AM	Wellness Studio	Core Solutions---Elizabeth
10:00 AM	Pool	Supervised Aquatic Exercise –Sherry
10:00 AM	Wellness Studio	Tai Chi----Lester Canceled
10:00 AM	Front Commons	Grocery Shopping at Harris Teeter



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10:30 AM	Quay Pond	BGYC RC Sailboat Racing
11:00 AM	Wellness Studio	Balance and Posture – Nathan
10:00 AM	Wellness Studio	Intermediate Tai Chi---Lester Canceled
12:45 PM	Mappus Card Room	Canasta is a card game of the rummy family of games. Join your neighbors for a game
1:30 PM	Miller Art Loft	“Winter Whites” learn how to use the white of paper as a natural background while using water color paints and various materials.
2:00 PM	Pool	Water Volleyball
3:30 PM	Mappus Card Rm	Catholic Mass with Father Kingsley
3:00 PM	Middleton Dining Rm	Current Events: This discussion is moderated by Ben Legare and Dennis Maxwell.
4:30 PM	Polly's Pub	Happy Hour enjoy a cocktail before dinner
5:30 PM	Front Commons	Dinner on the Town: Charleston Grill, space is limited please register on BG Life.

Friday, December 17

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:15 AM	Wellness Studio	Circuit Training---Alyssa
9:00 AM	Wellness Studio	Intermediate Yoga---Alyssa
9:30 AM	Polly's Pub	IPad and Mac help with Curtis Wise
10:00 AM	Pool	Water Aerobics----Sherry
11:00 AM	Wellness Studio	Body Fit----Elizabeth
12:00 PM	Eliza's Attic	Eliza's Attic is full of great merchandise; there is something for everyone. Stop by anytime from 12:00pm to 3:00pm on Fridays.
1:30 PM	Miller Art Loft	Open Studio: Take some time in a creative space for independent work-study or try something new
3:00 PM	Polly's Pub	America's National Parks "Yosemite", Yosemite National Park, set within California's Sierra Nevada Mountains and designated a World Heritage Site, is home to hundreds of wildlife species, and is famed for its iconic mountain vistas, waterfalls, and giant sequoia groves. 45m
3:00 PM	Croquet Court 2	Mentoring for New Players—Coordinator Ann Crane



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3:30 PM	Chapel	Centering Prayer with Colton
4:00 PM	Wellness Studio	Ping Pong table is available. Please be sure to wipe down the paddle and ball after use.

Saturday, December 18

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
10:00 AM	Trail Entry	Trail Walks- Enjoy a walk through the woods. The group meets at the signboard at the North Trail
10:00 AM	Mappus Card Rm	Mah Jongg: Come even if you have never played and we will teach you
1:00 PM	Polly's Pub	Opera Club will be showing Porgy and Bess

Upcoming Events:

Dec 19	2:30 PM	Croquet Court	Wine and Wickets
Dec 21	5:00 PM	Front Commons	Festival of Lights
Dec 22	3:00 PM	Fitness Parking Lot	Memory Walk
Dec 22	6:45 PM	Front Commons	Holiday Pops
Dec 31	6:00 PM	Trawick Commons	New Year's Eve Gala

Holiday Hours...



Village Shop:

Saturday and Sunday
12:00 pm to 2:00 PM

Eliza's Attic:

Saturday
10:00 PM to 1:00 PM

Christmas
WALK TO END ALZHEIMER'S
alzheimer's association

Wednesday, December 22

3:00 PM ❄️ Fitness Parking Lot
Get in the Holiday Spirit and wear your Christmas attire, decorate your golf cart, or dress up your pooch!

Our 2021 Walk has been sponsored by the Bishop Gadsden Generous Spirit program. While donations are welcome, there is no fee to participate. If you are interested in making a donation, please see the Charitable Giving Office.