



# ACTIVITIES CALENDAR: March 19, 2023- March 25, 2023

For more information, call: [Britt Lock 843-406-6555](tel:843-406-6555) or [Fran Matise 843-406-6647](tel:843-406-6647)

## Sunday, March 19

<u>TIME:</u>	<u>LOCATION:</u>	<u>ACTIVITY DESCRIPTION:</u>
10:00 am	Chapel	Choir Practice
10:30 am	Chapel	Sunday Service
3:00 pm	Croquet Court	Wine and wickets
6:45 pm	Blackmer Hall	Compline Service
6:00 pm	Polly's Pub	<i>Sunday Movie:</i> A serial killer terrorizes London while disgraced detective John Luther sits behind bars. Haunted by his failure to capture the cyber psychopath who now taunts him, Luther decides to break out of prison to finish the job by any means necessary.

## Monday, March 20

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Circuit Training
9:00 am	Wellness Studio	(BF)- Intermediate Yoga
10:00 am	Pool	Aquatic Fitness
10:00 am	Wellness Studio	(BF)- Tai Chi
11:00 am	Middleton Dining Room	Grief Support: Grief is one of those things in life that hits all of us in one way or another. Join Chaplain Charles Jenkins and others in our community as we journey through grief's stages.
11:00 am	Wellness Studio	Body Fit
1:30 pm	Middleton Dining Room	Italian class taught by Kiki Anderson offers Italian conversation, sharing Italian life, and a workbook for reinforcing lessons.
1:30 pm	Conservatory	Knots and Needles: All stitchers are welcome!
3:00 pm	Croquet Court	Tournament Players: Anne Moss and Pete Trees
3:30 pm	Conservatory	Afternoon Tea
4:30 pm	Blackmer Hall	Table Trivia: Last week, the Whiz Kids walked away with the win

## Tuesday, March 21

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Cardio and Strength
9:00 am	Wellness Studio	Yogalates



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10:00 am	Pool	Supervised Aquatic Exercise
10:00 am	Front Commons	Brookgreen Garden- Rodin Exhibit
10:00 am	Wellness Center	(BF)- Chair Yoga
10:30 am	Quay Pond	(BF)- BGYC RC Sailboat Racing
11:00 am	Wellness Studio	Balance and Posture
1:00 pm	Mappus Card Rm	Mah Jongg:
3:00 pm	Croquet Court	Intermediate Players with John Hollingsworth
4:00 pm	Chapel	Catholic Mass with Father Kingsley

## Wednesday, March 22

8:00 am	Wellness Studio	Circuit Training
9:00 am	Wellness Studio	(BF)- Intermediate Yoga
10:00 am	Miller Art Loft	Flower Guild: Join us in preparing fresh flower vases and arrangements.
10:00 am	Mappus Card Rm	BG Men's Weekly Bible Study
10:00 am	Middleton Dining	God's Gals bible study
10:00 am	Pool	Aquatic Fitness
10:00 am	Wellness Studio	(BF)- Tai Chi with
10:45 am	Polly's Pub	Choir Practice
11:00 am	Wellness Studio	Body Fit
12:15 pm	Middleton Dining	Play and learn duplicate bridge with Paul and Tina 12:15-12:45 game follows lessons.
3:00 pm	Croquet Court	Mallet Men with Ed Hay

## Thursday, March 23

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Functional Fitness
9:00 am	Wellness Studio	Yogalates
10:00 am	Pool	Supervised Aquatic Exercise
10:00 am	Front Commons	Grocery Shopping at Harris Teeter
10:00 am	Wellness Center	(BF)- Chair Yoga
10:30 am	Mappus Card Rm	Chaplain's Bible Study: Each week, we will look at the previous Sunday's Gospel and discuss it.
10:30 am	Quay Pond	BGYC RC Sailboat Racing



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11:00 am	Wellness Studio	(BF)- Balance and Posture
1:15 pm	Mappus Card Room	Canasta is a card game of the Rummy family of games. Join your neighbors for a game.
1:00 pm	Pool	Water Volleyball
1:30 pm	Miller Art Loft	Art Lessons with Martha –
3:00 pm	Croquet Court	Wicket Women with Tina Radding – Jump Shots!
4:30 pm	Polly's Pub	Happy Hour- Enjoy drink specials, small bites and good times

## Friday, March 24

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Circuit Training
9:00 am	Wellness Studio	(BF)- Intermediate Yoga
9:30 am	Polly's Pub	IPad and Mac help with Curtis Wise
11:00 am	Wellness Studio	Body Fit
1:30 pm	Miller Art Loft	Art Studio
3:00 pm	Polly's Pub	Earth Moods: Frozen Calm- An insight into some of the world's frozen landscapes, exploring some tranquil locations and the creatures there.
3:00 pm	Croquet Court	Beginner Mentoring with Ann Crane
3:30 pm	Chapel	Centering Prayer with Colton Smith
6:45 pm	Front Commons	Masterworks

## Saturday, March 25

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
10:00 am	Trail Entry	Trail Walks
10:00 am	Mappus Card Rm	Mah Jongg:
1:00 pm	Middleton Dining	Mexican Train Dominos, come learn to play

### Upcoming Events:

March 27	3:00 pm	Morse Activity	"Churchyards of Charleston"
March 28	4:00 pm	Blackmer Hall	Charleston Moves
March 30	3:00 pm	Blackmer Hall	Rabbi Stephanie Alexander- history of Passover
March 31	4:00 pm	Blackmer Hall	Resident Bingo
April 1	6:45pm	Front Commons	Pops: Let's Dance
April 5	3:00 pm	Blackmer Hall	Author Leigh Handal, "Stories and Scandals."
April 6	3:15 pm	Front Commons	The Journey with Andrea Bocelli
April 11	11:00 am	Front Commons	Just Go! Lunch at MoMo's on the water
April 12	9:30 am	Palm Court	New Resident Coffee
April 12	10:00 am	Blackmer Hall	Resident Update
April 12	6:15 pm	Front Commons	Riverdogs Game
April 13	11:00am	Front Commons	May Forest tour and Lunch