



ACTIVITIES CALENDAR: February 19- February 25, 2023

For more information, call: [Britt Lock 843-406-6555](tel:843-406-6555) or [Fran Matise 843-406-6647](tel:843-406-6647)

Sunday, February 19

<u>TIME:</u>	<u>LOCATION:</u>	<u>ACTIVITY DESCRIPTION:</u>
10:00 am	Chapel	Choir Practice
10:30 am	Chapel	Sunday Service
1:00 pm	Croquet Court	Wine and Wickets
6:45 pm	Blackmer Hall	Compline Service
6:00 pm	Polly's Pub	<i>Sunday Movie</i> Race is a 2016 biographical sports drama film about African-American athlete Jesse Owens, who won a record-breaking four gold medals at the 1936 Berlin Olympic Games. Black History Month featured event

Monday, February 20

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Circuit Training-MJ
9:00 am	Wellness Studio	(BF)- Intermediate Yoga MJ
10:00 am	Pool	Aquatic Fitness – Sherry
10:00 am	Wellness Studio	(BF)- Tai Chi with Lester
11:00 am	Middleton Dining Room	Grief Support: Grief is one of those things in life that hits all of us in one way or another. Join Chaplain Charles Jenkins and others in our community as we journey through grief's stages.
11:00 am	Wellness Studio	Body Fit --- MJ
1:30 pm	Middleton Dining Room	Italian class taught by Kiki Anderson offers Italian conversation, sharing Italian life, and a workbook for reinforcing lessons. (class is full)
1:30 pm	Conservatory	Knots and Needles: All stitchers are welcome!
3:00 pm	Croquet Court	Tournament Players: Anne Moss and Pete Trees
3:30 pm	Conservatory	Afternoon Tea
4:30 pm	Blackmer Hall	Table Trivia: There are open seats ready for you – come join in the fun! Winners last week were the Brain Teasers . No trivia today!



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Tuesday, February 21

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Cardio and Strength MJ
9:00 am	Wellness Studio	Yogalates with Laura
10:00 am	Pool	Supervised Aquatic Exercise-Sherry
10:00 am	Wellness Center	(BF)- Chair Yoga
10:30 am	Quay Pond	(BF)- BGYC RC Sailboat Racing
11:00 am	Wellness Studio	Balance and Posture-Sherry
1:00 pm	Mappus Card Rm	Mah Jongg:
3:00 pm	Croquet Court	Intermediate Players with John Hollingsworth
3:00 pm	Polly's Pub	Visual artist Andrea Hazel pays homage to a section of the Cannonborough-Elliottborough neighborhood now Septima P. Clark Parkway. Join her for a lecture on <i>How It Was Charleston in 1963</i> .
4:00 pm	Chapel	Catholic Mass with Father Kingsley
5:00 pm	Blackmer Hall	Community Cocktail Reception

Wednesday, February 22

8:00 am	Wellness Studio	Circuit Training ---Nathan
9:00 am	Wellness Studio	(BF)- Intermediate Yoga with Laura
10:00 am	Blackmer Hall	Resident Update
10:00 am	Mappus Card Rm	BG Men's Weekly Bible Study
10:00 am	Middleton Dining	God's Gals bible study
10:00 am	Pool	Aquatic Fitness – Sherry
10:00 am	Wellness Studio	(BF)- Tai Chi with Lester
10:30 am	Polly's Pub	Choir Practice
12:00 pm	Miller Art Loft	Flower Guild: Join us in preparing fresh flower vases and arrangements.
11:00 am	Wellness Studio	Body Fit-Laura
1:00 pm	Middleton Dining	Duplicate Bridge: Last week's winners: N/S Betty Tate and Carroll Rivers Marty Klaper and Julie Klaper E/W Jan Marrs and Lorie Muenow Betsy Clawson and Riley Kash No bridge today.



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3:00 pm	Blackmer Hall	Fire System Town Hall
3:00 pm	Croquet Court	Mallet Men with Ed Hay
4:15 pm	Chapel	Ash Wednesday- Ecumenical service. Sister Ann Billard will give the homily, and Father Charles Jenkins and Sister Mary Joseph Ritter will offer the imposition of ashes.

Thursday, February 23

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Functional Fitness with MJ
9:00 am	Wellness Studio	Yogalates with Laura
10:00 am	Pool	Supervised Aquatic Exercise –Sherry
10:00 am	Front Commons	Grocery Shopping at Harris Teeter
10:00 am	Wellness Center	(BF)- Chair Yoga
10:30 am	Mappus Card Rm	Chaplain's Bible Study: Each week, we will look at the previous Sunday's Gospel and discuss it.
10:30 am	Quay Pond	BGYC RC Sailboat Racing
11:00 am	Wellness Studio	(BF)- Balance and Posture – Nathan
12:00pm	Blackmer Hall	The Continuum of Care Series: This week's session will cover Christie Rehab, Medicare, BG Rehab-outpatient. Lunch will be offered at 11:30, and the program will begin at 12:00 pm.
1:15 pm	Mappus Card Room	Canasta is a card game of the Rummy family of games. Join your neighbors for a game.
1:00 pm	Pool	Water Volleyball
1:30 pm	Miller Art Loft	Open Art Studio
3:00 pm	Croquet Court	Wicket Women with Tina Radding-Jump shot
3:00 pm	Chapel	The Plantation Singers of Charleston are a professional acapella singing group who sing a variety of Gullah Spiritual and sacred music of the South Carolina Low Country. Their energetic performance will have you dancing in your seat!
4:30 pm	Polly's Pub	Happy Hour: Enjoy half-priced cocktails and an assortment of nibbles with your neighbors



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Friday, February 24

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 am	Wellness Studio	Circuit Training- MJ
9:00 am	Wellness Studio	(BF)- Intermediate Yoga with MJ
9:30 am	Polly's Pub	IPad and Mac help with Curtis Wise
10:00 am	Café	Newcomers News: If you are new to Bishop Gadsden or have questions about the campus, please join us for this informal meeting
10:00 am	Wellness Studio	12-Week Walking Challenge.
11:00 am	Wellness Studio	Body Fit---Sherry
1:30 pm	Miller Art Loft	Open Art Studio
3:00 pm	Polly's Pub	America the Beautiful is a docu-series that aims to showcase North America's natural diversity and extreme conditions. Episode 5. Wild West
3:00 pm	Blackmer Hall	Join Ashley Demosthenes, President & CEO will give a brief overview of Lowcountry Land Trust, its role in the conservation community of the greater Lowcountry, and updates on recent conservation victories and upcoming projects.
3:00 pm	Croquet Court	Beginner Mentoring with Ann Crane
3:30 pm	Chapel	Centering Prayer with Colton Smith

Saturday, February 25

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
10:00 am	Trail Entry	Trail Walks
10:00 am	Mappus Card Rm	Mah Jongg:
1:00 pm	Middleton Dining	Mexican Train Dominos, come learn to play
2:00 pm	Aerobics Room	Are your clothes in need of alterations? Diana's alterations will be here to assist you.

Upcoming Events:

Feb 27	10:00am	Front Commons	Charleston Museum private tour
Feb 27	5:00PM	Front Commons	World Affairs Council Charleston
Feb 28	11:00am	Blackmer Hall	Author Damon Fordham- Segregation Fight in SC
March 2	12:00pm	Blackmer Hall	Continuum of Care: Emergency Services, Compliance
March 3	6:45pm	Front Commons	Masterworks: Tchaikovsky's Piano
March 8	11:00am	Front Commons	Just G.O.- Lunch at Felix
March 10	5:00pm	Front Commons	Dinner on the town: Wild Common

*(BF) Brain Fit Classes