

# ACTIVITIES CALENDAR: November 1 – November 7

For more information, call: [Britt Lock 843-406-6555](tel:843-406-6555) | [Emily Tucker 843-406-6647](tel:843-406-6647)

PLEASE REMEMBER MASKS MUST BE WORN AT ALL EVENTS

<b>Sunday, November 1</b>		
<u>TIME:</u>	<u>LOCATION:</u>	<u>ACTIVITY DESCRIPTION:</u>
10:30 AM	Chapel	Sunday Service: reservations required, please call Caitie Murphy at 843-406-2467.
5:00 PM	Regan Pavilion	Ecumenical Service of Remembrance: A service honoring Bishop Gadsden Residents who have passed away this past year.
5:00 PM	Virtual Concert	USCB Chamber Music returns to soothe and nurture: Musicians, Andrew Armstrong, Piano, Aaron Boyd, Violin and Edward Arron, Cello present three unique musical works. To watch their performance log on to: <a href="https://vimeo.com/464479278">https://vimeo.com/464479278</a> for this free concert.
7:00 PM	Polly's Pub	Sunday Movie: "Hocus Pocus", conjured up by some unsuspecting pranksters, a tricky trio of 300-year-old witches set out to cast a spell on the town and reclaim their youth. But first, they must get their act together and outwit three kids and a cat. 1h 36m (D)
<b>Monday, November 2</b>		
<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 AM	Blackmer Hall	Intermediate Level Core Solutions with Elizabeth
9:00 AM	Blackmer Hall	High Intensity Interval Training (HIIT) Intermediate Level with Kelly- NEW
10:00 AM	Blackmer Hall	Strength Training Intermediate Level with Kelly
10:45 AM	Blackmer Hall	Body Fit with Elizabeth
11:30 AM	Blackmer Hall	Body Fit with Elizabeth
1:30 PM	Mappus Card RM	Italian Lessons. It's good for you, from pizza to lasagna and gelato. You know those words. Wouldn't you like to learn that language? Prof. Kiki Anderson teaches Italian, and a lot more, every Monday from 1:30 to 3:00PM. Class size limited (10). Openings today. Provalo. Ti piacerà.
1:30 PM	Anderson Cons.	Knots & Needles: All stitchers welcome!
2:00 PM	Blackmer Hall	"Ancient China From Above: Secrets of the Great Wall", Dr. Allan Maca investigates the biggest man-made structure on Earth and icon of the ancient world. But only now, thanks to cutting-edge technology, are its secrets finally being revealed. 45m
4:00 PM	Croquet Court	Croquet Mentor Program – Introduction to Golf Croquet. Learn the basics, including ball striking, the order of the game and fundamental strategies. Registration is not required.



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## Tuesday, November 3

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
<b>DON'T FORGET TO VOTE!</b>		
8:00 AM	Blackmer Hall	Intermediate Yoga with Kelly
10:00 AM	Blackmer Hall	Tai Chi with Lester Pittman
11:00 AM	Blackmer Hall	Balance and Posture with Comfort

## Wednesday, November 4

8:00 AM	Blackmer Hall	Intermediate Level Core Solutions with Elizabeth
9:00 AM	Blackmer Hall	High Intensity Interval Training (HIIT) HIIT Intermediate Level with Nathan
10:00 AM	Blackmer Hall	Sit and Stretch with Kelly
10:45 AM	Blackmer Hall	Body Fit with Elizabeth
11:30 AM	Blackmer Hall	Body Fit with Elizabeth
12:45 PM	Front Commons	Drayton Hall Walking Tour: Join Assistant Curator of Historic Architectural Resources, Cameron Moon, and follow never before seen maps from the Drayton Hall collection archives to discover and discuss what the landscape looked like during phosphate mining in the late 19th century. This will be a private ½ mile walking tour, please wear comfortable walking shoes and sign-up to attend
2:00 PM	Blackmer Hall	Gentle Yoga with Elizabeth
4:00 PM	Croquet Court	Men's and Women's open play. Registration is not required.

## Thursday, November 5

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 AM	Blackmer Hall	Intermediate Yoga with Kelly
10:00 AM	Blackmer Hall	Tai Chi with Lester Pittman
11:00 AM	Blackmer Hall	Balance and Posture with Kelly
1:30 PM	Miller Art Loft	Art Class: Drawing in reverse, learn how to draw inversely with white pencils on black paper and approach your subjects differently while adding a distinctive visual quality to any artwork.
4:30 PM	Palm Court	Happy Hour: Join us outside for live beach music, and a few drinks with your neighbor before dinner. Sign up to attend

## Friday, November 6

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
8:00 AM	Blackmer Hall	Core Solutions Intermediate Level- Elizabeth
9:00 AM	Polly's Pub	iPad and Mac class with Curtis Wise



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9:00 AM	Blackmer Hall	High Intensity Interval Training (HIIT) Intermediate Level with Nathan
10:00 AM	Blackmer Hall	Strength Training Intermediate Level with Kelly
10:45 AM	Blackmer Hall	Body Fit with Elizabeth
11:30 AM	Blackmer Hall	Body Fit with Elizabeth
1:30 PM	Wellness Parking Lot	2020's Walk to End Alzheimer's is sponsored this year by Bishop Gadsden's Generous Spirit program -which means there is no fee to participate (but donations are always welcome.)
1:30 PM	Miller Art Loft	Open Studio: Take some time in a creative space for independent work-study or try something new.
4:00 PM	Palm Court	Best of Broadway: Join Maggie Worsdale, an international jazz artist for a musical journey down Broadway. She will be singing all your favorite showstoppers from All That Jazz to Cabaret. Please sign-up to attend.

## Saturday, November 7

<u>TIME</u>	<u>LOCATION</u>	<u>ACTIVITY DESCRIPTION</u>
10:00 AM	Trail Entry	Trail Walks- Join the group for a beautiful morning walk. The group meets at the signboard at the North Trail entrance.
10:00 AM	Community Garden	Come visit the garden anytime, and enjoy all the beautiful fall flowers and colors. It's a great place to sit and read a book.



### Friday, November 6

1:30 PM

### Wellness Center Parking Lot

2020's Walk to End Alzheimer's is sponsored this year by Bishop Gadsden's Generous Spirit program -which means there is no fee to participate (but donations are always welcome.)

## Ecumenical Service of Remembrance

Join us at Regan Pavilion on Sunday, November 1, at 5:00 pm for a service honoring Bishop Gadsden Residents who have passed away this past year.



# All Are Welcome!