

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

October 2019

Arcadia Close

<p>10:30 Church Service (C or Chanel 191) 2:00 Sunday Stroll 3:00 Snack & Chat 4:00 Cello Concert with Austin Fitzhenry (CLR)</p>	<p>10:00 Blessing of the Animals (C) 11:00 Mark Mason Concert 2:00 Historic Charleston Drive (O) 3:00 Fresh Fruit Snack 4:00 Bible Study with Father Tom</p>	<p>10:00 TED Talks Discussion Group 10:45 Communion 2:00 Tai Chi with Joan 3:00 Fruit Smoothies 3:45 Concert with Porter Gaud</p>	<p>10:15 This Month in History 11:00 Fall Trivia Fun 2:00 Yoga with Shannon 3:00 Scenic Drive (O) 4:30 Wine & Cheese Tasting</p>	<p>10:15 Fine Art Focus: Georges Seurat 11:00 Flex Your Brain 2:00 Exercise with Carol 3:00 Hydration Station 3:30 Mike Smith in Concert</p>	<p>10:00 Art with Emily 11:00 Mail Box Visits 2:00 Weights Class with Kelly 3:00 Ice Cream Float Creations 4:00 Puzzle Party</p>	<p>10:00 Stretch with David 11:00 Crafty Creations 2:30 Snack Social 3:30 Sing-A-Long Social</p>
<p>10:30 Church Service (C or Chanel 191) 2:00 Sunday Stroll 3:00 Snack & Chat 4:00 Cello Concert with Austin Fitzhenry (CLR)</p>	<p>10:00 Blessing of the Animals (C) 11:00 Mark Mason Concert 2:00 Historic Charleston Drive (O) 3:00 Fresh Fruit Snack 4:00 Bible Study with Father Tom</p>	<p>10:00 Pictionary 10:45 Communion 2:00 Tai Chi with Joan 3:00 Fruit Smoothies 4:00 Golf Cart Rides *Weather Permitting*</p>	<p>Experience Greece Day 10:00 Greek Mythology Chat 11:00 Lunch Outing to Athens Greek Restaurant 2:00 Olympic Workout with Shannon 3:00 Greek Travelogue & Mediterranean Tasting 4:30 Happy Hour with Susanne Emgee</p>	<p>10:15 Spa Social 11:00 Trivial Pursuit 2:00 Exercise with Carol 3:00 Hydration Station 3:30 Stefanie Potter in Concert</p>	<p>10:00 Art with Emily 11:00 Did You Know? 2:00 Weights Class with Kelly 3:00 Local Lore: Charleston Ghost Stories with John LaVerne (MH) 4:00 Puzzle Party</p>	<p>10:00 Stretch with David 11:00 Word Games 2:30 Snack Social 3:30 October Birthday Celebration with Gary Pecorella (M)</p>
<p>10:30 Church Service (C or Chanel 191) 2:00 Sunday Stroll 3:00 Snack & Chat 3:00 Frances' 100th Birthday Celebration!</p>	<p>10:15 Flexibility Workout 11:00 Morning Mindfulness Moment 2:00 Historic Charleston Drive (O) 3:00 Fresh Fruit Snack 4:00 Book Club in the Garden <small>Columbus Day (US) Thanksgiving Day (Canada) Sukkot</small></p>	<p>10:00 Charades 10:45 Communion 2:00 Tai Chi with Joan 3:00 Fruit Smoothies 3:30 Sweetheart Tunes with Chuck Fisher 6:00 Dinner Date Night</p>	<p>10:00 Chicken Soup for the Soul 11:00 Jim Seem Concert 2:00 Yoga with Shannon 3:00 Scenic Drive (O) 4:30 Happy Hour with Talia Dillahey</p>	<p>10:15 Fall Wreath Craft 11:00 Finish That Phrase 2:00 Exercise with Carol 3:00 Hydration Station 3:30 Birding with Adam</p>	<p>10:00 Art with Emily 11:00 Mail Box Visits 2:00 Weights Class with Kelly 3:00 BINGO! 4:00 Community Service Project</p>	<p>10:00 Stretch with David 11:00 Armchair Explorer: Rick Steve's in Europe 2:00 Harbor Breeze Ensemble (M) 3:30 Golf Cart Rides *Weather Permitting*</p>
<p>10:30 Church Service (C or Chanel 191) 2:00 Snack & Craft with Grace Church Children's Ministry 3:00 Asako Kramer Musical Student's Recital (M)</p>	<p>10:15 Core Workout 11:00 Morning Mindfulness Moment 2:00 Historic Charleston Drive (O) 3:00 Fresh Fruit Snack 4:00 Laughter is Good for the Soul</p>	<p>10:00 Run the Alphabet 10:45 Communion (M) 2:00 Tai Chi with Joan 3:00 Fruit Smoothies 4:00 Golf Cart Rides *Weather Permitting*</p> <p><small>Simchat Torah</small></p>	<p>10:15 The Good News Network 11:00 Tea Talk: A World Tradition 2:00 Charleston Tea Plantation Trolley Tour & Tea Tasting (O) or Yoga with Shannon 3:00 Snack Social</p>	<p>10:15 Manicures & Mimosas 11:00 Decades Trivia 2:00 Exercise with Carol 3:30 Sweet Treat Social in the Café</p>	<p>10:00 Art with Emily 11:00 Music Therapy with Jessica 2:00 Weights Class with Kelly 3:00 The Book of Answers 4:00 Garden Club: Container Gardening</p>	<p>10:00 Stretch with David 11:00 Trivia Challenge 2:30 Snack Social 3:30 Classical Music Concert with Philip Lipton & Irina Pevzner (C)</p>
<p>10:30 Church Service (C or Chanel 191) 2:00 Sunday Stroll 3:00 Snack & Chat 4:00 All That Glitters Concert (C)</p>	<p>10:15 Morning Mindfulness Moment 11:00 Seated Volleyball Tournament (M) 2:00 Historic Charleston Drive (O) 3:00 Fresh Fruit Snack 4:00 Poetry Reading: Poe</p>	<p>10:00 TED Talks Discussion Group 10:45 Communion (M) 2:00 Tai Chi with Joan 3:00 Fruit Smoothies 4:30 Grace Children's Trick or Treat Party! (CLR)</p>	<p>10:15 Halloween History 11:00 Creative Costumes 2:00 Yoga with Shannon 3:00 Scenic Drive (O) 4:30 Happy Hour with Susanne Emgee</p>	<p>Happy Halloween! 10:15 Pumpkin Decorating Craft 11:00 Trick or Treat Trivia 2:00 Exercise with Carol 3:00 Hydration Station 3:30 Halloween Social with Sally Griffin (M)</p> <p><small>Halloween</small></p>	<p>Location Key B- Blackmer Hall, C- Chapel, CLR – Read Cloister Living Room, M – Morse Activity Room, MH – Myers Hall, O – Outing</p> <p>Pet Therapy on Tuesday afternoons & throughout the month.</p>	