

BISHOP GADSDEN



Bishop Gadsden Coronavirus (COVID-19) Community Guidance

July 11, 2022

The latest variant of the COVID-19 continues to be very contagious. To be proactive in support of our Community, please review the below COVID-19 guidelines:

Visitors Travelling to Campus

- If you have visitors traveling out of state or the country, we encourage them to test within 24-hours before they visit you or come into the Community.

Bishop Gadsden Peace of Mind Testing from Exposure or If Experiencing Symptoms

- Self-administered, free COVID test kits can be obtained at <https://special.usps.com/testkits> With just a few quick clicks, tests kits will be shipped directly to your home. Once you receive these tests, should you experience any symptoms, you are encouraged to test at home, prior to leaving your residence or returning to BG.
- If you are uncomfortable administering an at-home test or have testing questions, contact Kay Jenkins.
- Testing is also available at area pharmacies.

If You Are Positive for COVID-19

- Please let Kay Jenkins know if you are positive.
- Isolate and stay at home for at least 5 days, and do not travel for 10 days.
- On day 6, do a self-check for symptoms. If no symptoms – you are required to continue to wear a mask for 5 more days, (days 6 – 10), transmission can still occur from exposure in this 6 – 10-day window, even after a negative test. Mask use is still required during this period.
 - Kay Jenkins will provide you with the date when your mask-use ends.
- If you are experiencing symptoms, continue to isolate until 24 hours of no symptoms or symptoms improving (no fever), and wear a mask through day 10.

If You Have Had a COVID-19 Close Contact

- If fully vaccinated, there is no need to isolate, but please wear a mask around other people for 10 days and watch for symptoms.
- If not fully vaccinated, quarantine for at least 5 days.
- Test on or after Day 5, or if you begin to experience symptoms.
 - If negative, continue to wear a mask through day 10 and please refrain from attending activities where you cannot consistently wear a well-fitting mask and dining in the Market Place Café or Winningham Court.
 - If positive or have symptoms, isolate, stay home for 5 days and wear a mask through day 10.

If You Have Had COVID-19 in the Last 90 Days

- If you have close-contact exposure, watch for symptoms and if you develop symptoms, contact Kay Jenkins for testing.
- Masking is required for 10 days and please refrain from attending activities where you cannot consistently wear a well-fitting mask and dining in the Market Place Café or Winningham Court.

Travel Best Practices:

- Check your destination's COVID-19 situation before traveling.
- Test if your travel involved situations with greater risk of exposure such as being in crowded places while not wearing a well-fitting mask. Contact Kay Jenkins for assistance after travel.
- Wearing a well-fitting mask over your nose and mouth is encouraged when using public transportation.
- Do not travel if you have been exposed to COVID-19, are sick, or test positive for COVID-19.
- In areas with [high numbers of COVID-19 cases](#), consider wearing a mask in crowded settings.

- Please view current CDC travel information:
 - o Domestic Travel - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.html>
 - o Cruise Travel - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/cruise-travel-during-covid19.html>
 - o International Travel - <https://www.cdc.gov/coronavirus/2019-ncov/travelers/international-travel/index.html>
- After travel, you might have been exposed to COVID-19 on your travels. Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.